



## Waxing Aftercare Advice

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Remember, some light soreness, small bumps and redness are perfectly normal, temporary reactions especially if this is your first wax. You may find applying pure aloe vera or an antiseptic cream will help to sooth your skin, although these symptoms usually subside naturally over the 24-48 hours following your treatment. To get the best possible results from your treatment, please follow the guidelines below and for the next 24-48 hours remember:

- Keep the waxed area clean.
- No hot baths or showers (lukewarm is fine).
- No saunas or hot tubs or swimming in chlorinated pools.
- No tanning (sunbathing, sunbeds or fake tan.
- No sport, gym or vigorous exercise.
- No scratching or touching the treated area.
- Wear clean, loose fitting clothes.
- Avoid applying deodorants, body sprays, make up, perfume or lotions to the waxed area.

You may notice a small amount of regrowth after a week or so. This is because hair growth is cyclical, and hairs do not all reach the skin surface at the same time. It can take up to 4 treatments to see the best results. It is important not to be tempted to shave, tweeze or use hair removal products between appointments which should ideally be every 4-6 weeks. If you experience in growing hairs, you can begin gently exfoliating the skin from the third day after your treatment, using a body mitt, brush or a scrub. Then moisturise the area to keep your skin supple and help new hairs grow through easily.